



MOVE-IN CHECKLIST

We recognize that transitioning to senior living can be both time-consuming and challenging. To support you and your loved ones in preparing for this important move, we have developed a comprehensive move-in checklist. This resource is designed to help ensure that all personal belongings are accounted for and to provide peace of mind throughout the process. We hope it serves as a helpful guide as you begin this new chapter.

SENSORY & ASSISTIVE AIDS

- ☐ Glasses, sunglasses, and reading magnifiers
- ☐ Hearing aids, case, and batteries
- ☐ Cane, walker, shower chair, and scooter
- ☐ Nutritional supplements

MEDICAL EQUIPMENT

- ☐ Blood pressure monitor
- ☐ Glucose meter and strips
- ☐ Thermometer
- ☐ Lancets and lancet machine
- ☐ Nebulizer

TOILETRIES

- ☐ Storage box & bag of toiletries
- ☐ Favorite soap, shampoo, conditioner, and hair products
- ☐ Lotions and powder
- ☐ Cosmetics
- ☐ Deodorant & body spray
- ☐ Perfume, colognes, and after shave
- ☐ Razors, shaving cream, toothbrush, toothpaste, floss, and mouthwash
- ☐ Dentures, partials, cleaner, and case
- ☐ Nail file, nail polish, polish remover, emery board, clippers
- ☐ Comb, brush, rollers, pin, and hair dryer
- ☐ Hand mirror



- ☐ Incontinence briefs, wipes, bed pads, disposable bed pads, gloves, and supplies
- ☐ Q-tips and cotton swabs

CLOTHING

- ☐ At least 7 pairs of underwear,
- ☐ At least 7 pairs of socks, hose, etc.
- ☐ At least 7 shirts and bras
- ☐ At least 7 outfits including shirts, pants, dresses, etc.
- ☐ At least 7 pajamas, nightgowns, and robes
- ☐ Belts, suspenders, scarves etc.
- ☐ Hats, wraps, gloves, sweaters, coats, and jackets
- ☐ Shoes – consider comfortable dress shoes and slippers

FURNISHINGS & FAMILIAR ITEMS

- ☐ Paintings & family photos
- ☐ Decorations
- ☐ Favorite books & knick-knacks

If you would like more information on transitioning to senior living, you can contact Blossom Hill Senior Living by calling (123) 456-7894 or visit us online at www.blossomhillseniorliving.com